



Heather Garth
Primary Academy
Stars Aiming High

PSHCE Policy

Policy Review Details

This review date is a guideline only and if circumstances or recommendations change then the policy will be reviewed and amended as appropriate.

This policy will be reviewed by the Senior Leadership Team on a 2 yearly basis

Date of Issue: Summer 2025

S. Farr

Chair of Governors Signature

Headteacher Signature

Date of next review: Summer 2027

Philosophy

At Heather Garth Primary Academy, we believe that effective PSHCE is vital if children are to become healthy, independent and responsible members of society and develop their full potential in preparation for lifelong learning. We want all children to have opportunities to play a positive role in the life of the school and the wider community. Crucial to this is the raising and promotion of the children's self-worth and esteem.

Aims

- To provide children with the opportunities to extend their understanding of the nature of their rights and responsibilities in everyday life.
- To know and understand what constitutes a healthy lifestyle.
- To understand what makes for good relationships with others.
- To have respect for themselves and thus for others.
- To be independent, positive, active and responsible members of the school and wider society in their future lives.
- To develop self-confidence and self-esteem and thus be able to make informed choices regarding personal and social issues.
- To celebrate people's differences whilst looking at commonalities.

Teaching and learning styles

We use a range of teaching and learning styles. We place an emphasis on active learning by including the children in discussions, investigations and problem solving activities. We encourage children to take part in a range of practical activities which promote active citizenship, e.g. charity fundraising. We have a School Council, Eco Council and Digital Leaders, enabling children to have an important voice in running their school. We offer children the opportunity to hear visiting speakers from the wider community such as emergency service workers, local clerics and representatives from charities.

Opportunities for PSHCE curriculum planning

PSHCE is ongoing throughout the school day. It is reflected in the ethos of the school, the nature of relationships with, and between staff and children, the displays and the outside environment of the school. However, we have identified a number of areas in which PSHCE can be explicitly taught.

In the classroom

Presently PSHCE is taught through aspects of SEAL, SRE education, Miss Dorothy.com, British Values, science, themed days or specific lessons. At Key Stages 1 and 2, a variety of PSHCE based activities are taught as part of broader topics.

Assemblies

These are used to introduce and enhance whole school themes.

School day and residential visits

These provide a variety of relevant learning experiences, giving pupils opportunities to experience the physical, cultural, spiritual and academic nature of society. We believe that residential visits offer a valuable chance for pupils to develop their maturity, relationships, team skills and provide an opportunity to respect the differences between people in less formal settings.

Visitors

A wide variety of visitors are invited into school to talk to pupils. The range of visitors enhances the children's spiritual, moral, social and cultural development.

Curriculum Enrichment

These activities can make a considerable contribution to the pupils' personal and social development, for example raising money for charity and discussing how to improve the school environment.

Equal Opportunities

PSHCE includes the study of cultures, ethnic diversities, physical differences and difference of experiences. Through such studies, children can acquire an understanding of, and respect for, other people and their values. In PSHCE children learn that listening, respect for differences and others, open mindedness and questioning skills are valuable qualities. Children can work at different rates, levels and all have something to offer and bring to PSHCE sessions.